

Crochet with Care - Mission Statement

CHOOSING YOUR CROCHET CAUSE: A REFLECTION CHECKLIST

Step 1: Consider Your Strengths

- ☐ I enjoy making small, simple projects (hats, blankets, scarves).
- ☐ I prefer quiet, behind-the-scenes giving.
- ☐ I have consistent access to yarn and supplies.
- ☐ I feel called to provide comfort, dignity, and care.

Step 2: Assess Your Time & Energy

- ☐ I can crochet regularly (e.g., 1-2 items a week or month).
- ☐ I want something sustainable, not overwhelming.
- ☐ I'm open to occasional outreach events or collaborations.

Step 3: Reflect on What Speaks to Your Heart

- ☐ I feel most drawn to supporting premature babies and NICU families.
- ☐ I want to help women and children in crisis or recovery.
- ☐ I feel called to comfort the elderly or those in nursing care.
- ☐ I have compassion for people experiencing homelessness.
- ☐ I love animals and would enjoy helping shelters with handmade items.

Step 4: Choose Your Current Focus

Which cause best fits your heart + resources right now?

Circle or highlight:

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NICU BABIES | HOMELESS OUTREACH | DOMESTIC VIOLENCE SURVIVORS |
ELDER CARE | ANIMAL SHELTERS | FOSTER CARE | OTHER: _____

Step 5: Next Steps

☐ I will contact a local group or hospital for donation guidelines.

☐ I'll set a monthly goal (e.g., 3 hats or 1 blanket).

☐ I'll write or blog about my purpose to inspire others.

☐ I'll print encouragement tags to attach to my donations.

REMEMBER: You don't have to do it all - just start with one loving act.